

ROSEWOOD
PHUKET



FAMILY GUIDE



ROSE BUDS & EXPLORERS

Programs

OVERVIEW

The Rose Buds and Rosewood Explorers programs for toddlers and children provide attentive care, engagement and entertainment for younger guests while parents have an opportunity to relax on their own. These include thoughtfully chosen baby care items, delightful children's amenities, fun activities, locally inspired kids' menus and babysitting service.

BABYSITTING SERVICES

When one-on-one supervision is desired, the resort can arrange babysitting services. Reservations must be made 24 hours in advance and can be arranged throughout the day with the Front Office or directly at the Rosewood Explorers Club. There is a two-hour minimum for all sitting services. Nannies can care for two children at a time.

Price: THB 450 net per hour per child

Details:

- Changes or cancellations must be made four hours in advance, otherwise the two-hour minimum will be charged. An additional fee of THB 500 for sitter transportation applies to service after 10 p.m.

ROSE BUDS (NEWBORN TO 3 YEARS OLD)

To travel with comfort, Rosewood Phuket provides the following thoughtfully chosen baby care articles during your stay. Please request specific items when making reservations to ensure availability.

Details:

- Car seat, booster seat, stroller
- Healthy and nutritious toddler menu
- Organic skincare products
- Ensuite wireless baby monitors
- Baby crib, mosquito net and linens
- In-room baby proofing service, pool fencing
- Diaper pail, baby bathtub and/or non-slip mat, bed rails, in-room bottle warmers, sterilizer
- High chair

*Price subject to change

ROSEWOOD EXPLORERS (AGES 4 TO 9)

The Rosewood Explorers Club is designed to stimulate the minds and bodies of our youngest guests, creating a truly unforgettable Thailand holiday for the whole family. The Rosewood Explorers program, for children ages four to nine, is designed to inspire creativity and imagination, and encourage adventure, discovery and social responsibility through unique experiences of the local culture and destination. Children under four years of age require a parent or guardian to be present.

ROSEWOOD EXPLORERS ACTIVITIES

Sustainability

MAKE YOUR OWN PAPER

Recycled Materials

This activity introduces kids to recycling: what it is, its value and benefits, and how it affects their lives. They have fun learning how to create their own paper with recycled materials.

BEACH CLEANING & RECYCLING

Fighting Climate Change

Rosewood Explorers become involved in keeping our environment clean and they enjoy feeling the impact they have on the earth as they help clean up the beach and reuse disposed items. Instead of throwing something away, we turn it into art – Art to Save the Sea!

GARDEN EXPLORER

Kids explore an outdoor garden to understand their main features and what purposes they serve. Little ones even have the opportunity to plant their own flowers and herbs.

OCEAN LIFE

Children discover creatures from the Andaman Sea and learn about Rosewood Phuket's Coral Reef Restoration program. They also participate in ocean science activities and learn how to make "Ocean & Sand Slime" and "Ocean in a Bottle."

ECO DISCOVERY WALK

Little explorers find out about Rosewood Phuket's sustainable practices and the ways people can reduce their carbon footprint. They learn about the importance of clean and purified water, solar energy, sustainable building materials and also how to harvest rainwater when they're back at home.

ECO FASHION

Fashion is a fun way for kids to appreciate environmental awareness as they design outfits from recycled materials.

SUSTAINABILITY SCAVENGER

Ahoy mateys! Junior explorers and their parents follow a treasure map around the resort to learn about Rosewood Phuket's sustainability efforts. At the end of the adventure, submit the polaroid pictures of all the spots marked on the map, and be rewarded with a prize.



Culture

RHAM THAI

Thai Costume and Dance

Kids learn the history and basics of traditional Thai dancing before dressing up and performing on stage themselves. More confident children have the opportunity to perform at Ta Khai in front of their parents to showcase their new talents.

CULTURE AMBASSADOR WORKSHOP

This is a creative and interactive way of picking up some Thai language and interact with the locals. The workshop consists of traditional fun Thai games and learning how to play Thai instruments. Children can start as beginners and end their holidays with advanced skills.

THAI WEAVING

Through weaving, children discover local patterns and textures, as well as practice fine motor skills and eye-hand coordination.

STORYTELLER

Thai myths, fairy tales and fables

In this sharing of Thai myths, fairy tales and fables, Explorers learn fun facts and also about the Thai spirit that makes this country and its people unique. They get a taste of what it's like to live in Thailand and all the things that kids in Thailand love to do.



Mind, Body, Soul

MINDFUL MOVEMENTS

LAUGHING YOGA

Laughing yoga provides greater flow of oxygen to brain, more energy, more motivation, a positive state of mind, stress relief and a strengthened immune system.

ANIMAL STRETCHING

Kids learn about animals through simple stretching poses - a great way to combine education and exercise!

SINGING MEDITATION

This meditation with song brings even the youngest of kids to a place of peace. We practice singing, whispering, and singing quietly to ourselves in our minds.

BODY

Born to Move

JUNIOR MUAY THAI

Children are introduced to the art of mental and physical discipline with introductory moves that they safely use in the ring.

HULA HOOP

This is a super motivating and fun way to promote motor skills like coordination, endurance, balance, strength and more.

MINI BOOT CAMP

Kids burn energy with strength building through different games and obstacles.

ZUMBA

This fun fitness experience helps introduce Explorers to incorporating fitness as a natural part of their lives.

DANCE WORKSHOP

HIP HOP

Kids practice super fun dance moves.

SOULFUL

MANDALA ART

Sanskrit for “magic circle,” mandala art is a centering space for the soul – little ones find the shapes, colors and patterns that represent their current state of mind.

THAI HAND GARLAND

Children make their own phuang malai, a traditional Thai floral garland that is presented as a token of welcome, respect and good health to honored guests, relatives and loved ones.



ARTS & CRAFTS AND FUN ADVENTURES

SPLISH, SPLASH WATER PLAY

Young ones enjoy water play and games on the Rosewood Explorer grounds.

PIRATES OF ANDAMAN SEA - SCAVENGER HUNT

Kids enjoy a fun-filled scavenger hunt while helping to find treasures, dressed up as pirates!

KITE MAKING & FLYING

Little guests join this fun and rewarding activity to design their own kite and let it fly high!

SOAP MAKING

Making lollipop soaps is a fun twist on the traditional treat -- all the sweet smells without the sugar!

POTTERY

Kids let their creativity go wild as they create their own pottery art design.

DIY TENT

Children build tents in the Explorer Gardens to show them what they can build working as a team with only their hands and imagination. Explorers can use the tent for play throughout the stay.

THE YOUNG ARTISAN

Empower kids to be a force of change. Teens are invited to craft an indigo tie dye, functional art, or batik item in a one-on-one class, after which they can sell their creations in the lobby boutique with all proceeds going towards SOS Children's Village Phuket.



CULINARY BONDING

LITTLE PIZZA MAKERS

We don't know of any child who doesn't love pizza and, in this class, they get to make their very own. At Red Sauce Italian restaurant, kids will roll out a pizza dough base themselves and choose as many toppings as they like to create a one-of-a-kind pie before baking in a wood-fired pizza oven.

Price: THB 1,500 per child

CUPCAKE CURATOR

Budding bakers learn all the basic steps in making these fun little cakes. Children get to smell, feel, touch, taste and weigh the ingredients, see how they are combined, understand how to bake them – and of course, decorate the finished product to create cupcake masterpieces!

Price: THB 1,000 per child

Details:

- 60-minute class, offered daily between 2 p.m. and 5 p.m.
- For children 4-12 years old
- Maximum of four children per class
- 24-hour advance reservation is required
- Cancellation less than 12 hours prior will be subject to 100% cancellation fee
- Prices are subject to 10% service charge and 7% government tax



CRAFT CHOCOLATE WORKSHOP

Join our pastry chef Mook and her team for a fun hands-on class where children will learn about cacao, one of our key partners in provenance. After the introduction, they will create their very own salted caramel ganache chocolate dessert!

Price: THB 1,500 per child

PLANT BASED COOKING

In this mindful bonding culinary experience, kids will tour the garden of Ta Khai to collect their own herbs and cooking ingredients while learning about their benefits. They will then create their own healthy drink and prepare a delicious three-course lunch.

Price: THB 1,500 per child

- Details:*
- 90-minute workshop, offered daily between 12 p.m. and 2 p.m.
 - Recommend for children six years or older
 - Maximum of four children per class
 - 24-hour advance reservation is required
 - Cancellation less than 12 hours prior will be subject to 100% cancellation fee
 - Prices are subject to 10% service charge and 7% government tax



TEEN ACTIVITIES

MUAY THAI

This traditional martial art originated in Thailand in the 18th century and there are many traditions and much historical significance that go along with the beautiful physical movements. Beginners, intermittent exercisers and those focused on cardio or weight loss will appreciate this total body workout. It may be challenging, but participants will emerge feeling invigorated!

- Details:*
- Private Classes: 60 minutes | THB 3,000
 - Prices are subject to 10% service charge and 7% government tax
 - Refer to Asaya Wellness for more details

YOGA

Yoga is offered in its various forms, from Asanas (physical poses) to mind-body awareness, breathing (Pranayama) and resting (Nidra).

- Details:*
- Hatha Yoga | Vinyasa Yoga | Pranayama | Yoga Nidra
 - Private Classes: 60 minutes | THB 2,800
 - Prices are subject to 10% service charge and 7% government tax
 - Refer to Asaya Wellness for more details

PADEL TENNIS

Explore the excitement of padel at Rosewood Phuket. Perfect for all skill levels, enjoy fast-paced fun and socializing with friends and family on our dedicated courts nearby the Ta Khai parking lot.

- Details:*
- Advance court reservations required.
 - Limited to one hour per day, per stay, on complimentary basis.
 - Private Classes: 60 minutes | THB 1,200
 - Prices are subject to 10% service charge and 7% government tax
 - Refer to Asaya Wellness for more details



BEACH BOOT CAMP

This total body workout is designed for all fitness levels. It's fun, safe and allows participants to challenge themselves individually and work as a team.

- Details:*
- Private Classes: 60 minutes | THB 2,800
 - Prices are subject to 10% service charge and 7% government tax
 - Refer to Asaya Wellness for more details

PRIVATE COACHING

Fitness goals can be achieved with the help of one-on-one training, be it burning fat, gaining muscle, improving a favorite sport – or just challenging oneself with something new. We offer various forms of training opportunities at all levels and interests to ensure the trainee is engaged and excited to get moving.

Mat Pilates | Running | Fat Loss | Body Conditioning | Strength & Conditioning

Private Classes:

Functional Fitness Analysis 45 minutes | THB 1,800

Active Isolated Stretching 45 minutes | THB 1,850

private Coaching 60 minutes | THB 2,800

- Details:*
- Prices are subject to 10% service charge and 7% government tax
 - Refer to Asaya Wellness for more details

RECREATION & WATERSPORTS

Teens can gather with their family or make new friends with a game of soccer, badminton or petanque directly on the beach.

During high tide the following complimentary water sports are offered:

- Details:*
- Kayak
 - Stand Up Paddle Board
 - Snorkeling Equipment & Reef Shoes
 - Hobie Mirage Eclipse

**For Water Sports Activities please refer to the daily high tide schedule.*



MOCKTAIL WORKSHOP *with award-winning recipes*

In this mocktail mixology class, students will be introduced to basic bar equipment and will create delectable drinks using award-winning recipes for mocktails such as Holy Delight, J&O Swizzle, Chai Fizz, Water Parker, and Ka-Ye Bubbly.

Price: THB 800 per person

Details:

- Prices are subject to 10% service charge and 7% government tax
- Daily from 3 to 5 p.m. at Mai Bar
- 24-hour advance notice is required

DJ WORKSHOP

Teens can learn skills to impress their friends and fuel their dreams of becoming a DJ with this energetic workshop. (*Dates/Time: Upon request*)

Price: Upon request

Details:

- Recommended for ages 12 to 17
- 24-hour advance booking required due to limited capacity

STREET ART

Phuket's "Old Town" is well known for its classic Chinese-Portuguese buildings, but there's another great reason to take explore downtown: cool street art. Both local and international artists have contributed works that can be found in a compact section of town, making it easy to stroll and discover.

Distant: Phuket Town, 45-minute drive from Rosewood Phuket

Duration: This activity is a non-guided tour at your leisure

Price: Upon request with lobby, based on transfer requirements

Please contact the Front Office to assist you with transportation arrangements



A DAY IN THE LIFE OF A HOTELIER

This half-day program is tailored for young adults who would like to explore behind-the-scenes of running a luxury resort. They are guided by a member of the resort's Executive Team who gives a fascinating introduction to the fundamentals of managing a successful resort. Areas covered include the executive office, food and beverage, housekeeping, front office and engineering.

- Details:*
- 24-hour advance reservations is required as space is limited
 - Maximum 2 guests per program
 - Time: 10 a.m. – 2 p.m.



EXTERNAL EXPERIENCES

ART CLASS

The instructor from Jibi Art Studio can lead an art session teaching the skills and styles of drawing, coloring, and painting

Details:

Opening Hours: From 10 a.m. to 7 p.m. closed on Thursday and Friday

Distance: Phuket Town, 30 to 40 minutes from the hotel

CERAMIC CLASS

The experts from Sitao Ceramic will guide and teach the art of ceramics.

Details:

Opening Hours: From 10 a.m. to 7 p.m

Distance: Phuket Town, 30 to 40 minutes from the hotel

HORSE RIDING AT NIRUN EQUESTRIAN CENTER

Experience the joy of equestrian activities at this indoor arena with classes from beginner to advanced taught by an expert from Germany, while fostering respect and appreciation for the nearly 40 magnificent animals that call this center home.

Details:

Opening Hours: From 8 a.m. to 8 p.m. closed on Monday.

Distance: Talang, 45 to 60 minutes from the hotel

PHUKET YACHT CLUB SAILING SCHOOL

Not only will you learn the technique of how to sail, but also to instill teamwork, respect for nature, healthy competition, and self-confidence.

Details:

Opening Hours: From 9 a.m. to 10 p.m.

Distance: Chalong, 25 to 35 minutes from the hotel

REBEL ROCK CLIMBING

The perfect place for climbers, family, and friends to gather within a unique atmosphere and safe environment. The indoor gym offers all types of rock climbing, from top wall climbing to bouldering, also with the availability of individual classes.

Details:

Opening Hours: From 10 a.m. to 8 p.m. closed on Monday.

Distance: Talang, 45 to 60 minutes from the hotel

FICKLE LIFESTYLE

Fickle Lifestyle Phuket offers a space where individuals of all ages can explore and develop new hobbies and skills without needing prior experience. This unique venue hosts a variety of creative activities, including splashing painting, candle pouring, custom flip-flop making, lampshade crafting, cookie decoration, and tufting workshops. It's an ideal spot for people of all ages, particularly children, to realize their creative potential through engaging workshops.

Details:

Opening Hours: From 10 a.m. to 7 p.m. closed on Monday.

Distance: Chalong, 25 to 35 minutes from the hotel

RECYCLED BEACH ART

Trash to Treasure, recycling Art class: by Uncle Tuk from Ruen-rom Café & Surf Step Camp Learn the value of material, DIY upcycle, reuse, recycle, and give new life to resources rather than sending them to landfills. Uncle Tuk is a local person in Kata, after work, he usually goes to the beach to trash collected and reuse it as artwork.

Details:

Opening Hours: From 10 a.m. to 6: p.m.

Distance: Kata, 20 to 30 minutes from the hotel

SURFING AT KATA BEACH

Enjoy Phuket surfing, with well-experienced instructors who take care of your learning process, adjusted to your own personal flow.

Details:

Opening Hours: From 8 a.m. to 6 p.m.

Distance: Kata, 20 to 30 minutes from the hotel

FAMILY PHOTOGRAPH

Such a fantastic setting requires the best Phuket photographer you can hire. If you're looking to hire a Phuket photographer, Ammanta can help provide a wonderful experience. Read on to learn about why Ammata's Eyes Photography is considered to be the best local photographer based in Phuket, Thailand since 2018.

Details:

Distance: In or Outside the hotel.

SCUBA DIVING

Diving trips in Phuket

To dive in Phuket, you need to have a diving certification. The most popular diving certification is the PADI Open Water Diver certification. This certification can be obtained with us at Sea Fun Divers. The PADI Open Water Diver certification is the entry-level diving certification. It is a two-day course that covers the basics of diving.

Details:

Opening Hours: From 9 a.m. to 5 p.m.

Distance: Karon, 15 to 20 minutes from the hotel

CHARITY

PHUKET HAS BEEN GOOD TO US

The Phuket Has Been Good To Us Foundation works to improve the economic opportunities and life chances of young people by funding and implementing practical English language education for more than 700 children in government schools in Phuket. In addition, the foundation runs the supplemental after-school learning program, “Coconut Club,” for their 200+ residential students. These students live on-site as they are orphans or their families are unable to look after them. A tour is provided of the school to engage with the students as well as the opportunity to make donations and sponsorship if desired.

Details:

Distance: Kamala, 30 minutes from Rosewood Phuket
24-hour advance reservations is required

For more details please contact Front Office

SOI DOG FOUNDATION

Soi Dog Foundation's mission is to improve the welfare of dogs and cats in Asia resulting in better lives for both the animal and human communities, end animal cruelty and ultimately create a society without homeless animals. The Soi Dog sanctuary is open Monday to Friday from 9 a.m. until 3:30 p.m. and guided tours commence at 10 a.m. and 1:30 p.m. Tours are free and do not have to be booked in advance. They are conducted in English and Thai.

Details:

Distance: Mai Khao, 60 minutes from Rosewood Phuket.

For more details please contact Front Office

MAI KHAO MARINE TURTLE FOUNDATION

Mai Khao Beach is a protected nesting ground for sea turtles. Each year, hatchlings from the Mai Khao Marine Turtle Foundation are released into the sea during the Songkran festival. Visit the foundation center to learn about the plight of the sea turtles around the island and how you can help them

Details:

Opening Hours: From 11 a.m. to 3 p.m. closed on Sunday and Monday.

Distance: Talang, 45 to 60 minutes from the hotel

MEET THE GIBBONS

The Gibbon Rehabilitation Project (GRP) aims to rescue and rehabilitate the gibbons that have been in captivity or used as photo props on the street, and later release them into the wild. The center allows you to learn about the environment and wildlife.

Details:

Opening Hours: From 10:30 a.m. to 3 p.m.

Distance: Talang, 45 to 60 minutes from the hotel

